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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Lunch menu** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Peanuts** | **Soya** | **Milk** | **Nuts** | **Celery** | **Mustard** | **Sesame** | **Sulphites** | **Lupin** | **Molluscs** |
| Vegetable pasta bake with cheese topping | √ |  |  |  |  |  | √ |  |  |  |  |  |  |  |
| Cowboy Casserole | √ |  |  |  |  | √ |  |  |  |  |  |  |  |  |
| Roast gammon (gravy) | √ |  |  |  |  | √ |  |  |  |  |  |  |  |  |
| Fish pie |  |  |  | √ |  |  | √ |  |  |  |  |  |  |  |
| Beef lasagne | √ |  |  |  |  | √ | √ |  |  |  |  |  |  |  |
| Tuna pasta bake | √ |  |  | √ |  |  | √ |  |  |  |  |  |  |  |
| Spaghetti bolognaise | √ |  |  |  |  | √ | √ |  |  |  |  |  |  |  |
| Ham, pea and mint risotto |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast turkey (gravy) | √ |  |  |  |  | √ |  |  |  |  |  |  |  |  |
| Cheesy bean pasta bake | √ |  |  |  |  |  | √ |  |  |  |  |  |  |  |
| Shepherd’s pie | √ |  |  |  |  |  | √ |  |  |  |  |  |  |  |
| Thai green chicken curry with rice |  |  |  |  |  |  |  | √  Trace |  |  |  |  |  |  |
| Roast pork (gravy) | √ |  |  |  |  | √ |  |  |  |  |  |  |  |  |
| Pasta with tomato, basil and mozzarella | √ |  |  |  |  |  | √ |  |  |  |  |  |  |  |
| Chilli con carne with rice |  |  |  |  |  | √ |  |  |  |  |  |  |  |  |
| Sweet and sour pork with noodles | √ |  | √ |  |  |  |  |  |  |  |  |  |  |  |
| **Lunchtime pudding** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Peanuts** | **Soya** | **Milk** | **Nuts** | **Celery** | **Mustard** | **Sesame** | **Sulphites** | **Lupin** | **Molluscs** |
| Yoghurts |  |  |  |  |  |  | √ |  |  |  |  |  |  |  |
| Soya yoghurts |  |  |  |  |  | √ |  |  |  |  |  |  |  |  |
| Rice pudding |  |  |  |  |  | √ | √ |  |  |  |  |  |  |  |
| Bananas and custard | √ |  | √ |  |  | √ | √ |  |  |  |  |  |  |  |
| Fruit sponge and custard | √ |  | √ |  |  | √ | √ |  |  |  |  |  |  |  |
| Fruit crumble and custard | √ |  | √ |  |  | √ | √ |  |  |  |  |  |  |  |
| Fruit jelly |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Trifle | √ |  | √ |  |  | √ | √ |  |  |  |  |  |  |  |
| Cheesecake | √ |  |  |  |  |  | √ |  |  |  |  |  |  |  |

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| **Tea menu** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Peanuts** | **Soya** | **Milk** | **Nuts** | **Celery** | **Mustard** | **Sesame** | **Sulphites** | **Lupin** | **Molluscs** |
| Sandwiches (cheese and jam) | √ |  |  |  |  |  | √ |  |  |  |  |  |  |  |
| Homemade soup and bread | √ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Beans on toast | √ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Homemade pizza | √ |  |  |  |  |  | √ |  |  |  |  |  |  |  |
| Cheese and tomato puff slices | √ |  |  |  |  |  | √ |  |  |  |  |  |  |  |
| Salad platter | √ |  |  |  |  |  | √ |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Teatime – puddings** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sponge | √ |  | √ |  |  |  | √ |  |  |  |  |  |  |  |
| Yoghurts |  |  |  |  |  |  | √ |  |  |  |  |  |  |  |
| Soya yoghurts |  |  |  |  |  | √ |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Breakfast** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Multigrain hoops | √ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Rice snaps | √ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Wheat biscuits | √ |  |  |  |  |  |  |  |  |  |  |  |  |  |

**FOOD ALLERGEN**

**RECORD BOOK**